Spring 2023 SHELTER SUMMIT \*\*\* + FAST TRACKS

#### Fast Track – Week 1

**Office Hours** 

Coordinated Care: The Secret Sauce to Ensuring Animals and People Get the Right Care in the Right Place

#### **TRACK COACHES:**

**LEAD COACH:** <u>Jennifer Toussaint</u>, Chief Animal Control Officer at the Animal Welfare League of Arlington

**CO-COACH: <u>Kelly Bremken</u>**, Veterinary Social Worker at Oregon Humane Society



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# **Getting in the Right Mindframe**

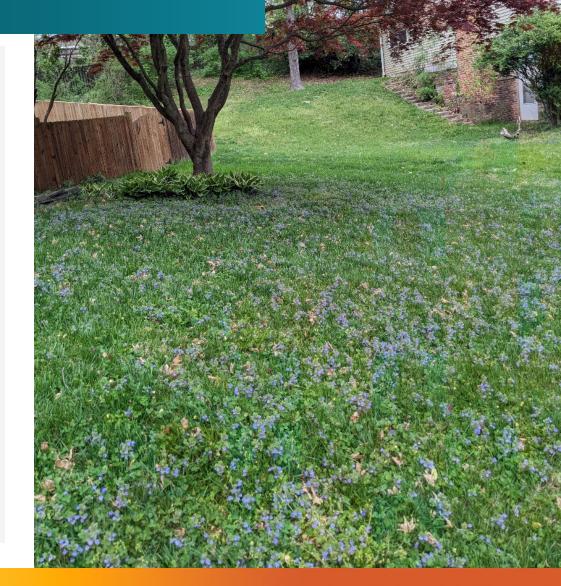
**Space and Grace** 

### **Photo Share Icebreaker**

#### We are going to join break out rooms in groups!

Have your phone ready and find a recent photo you have taken in the past week or so. Show (if you would like) and/or describe the photo and why it was important to you then or now.

Each person will take just two minutes or so to talk about their photo. Please be mindful of time with one another and try and give equal sharing opportunity to anyone interested.



### **Leading with Curiosity and Trust**

#### Are we giving people the benefit of the doubt?

What might be possible if we assumed people were trying their best!? Can we lean into the discomfort this might bring up as we reflect on intersectionality and bias.

Can we offer each other this same amount of grace?



#### **Refreshing Our Intentions**

Labeling an intention is different than setting a goal because it allows more breathing room for centering yourself.

We begin by first sitting in **reflection**.

Visualize- Can you see yourself living out your intention.

**Relax into it,** being intentional in your actions this new hope for yourself will begin to shine through.

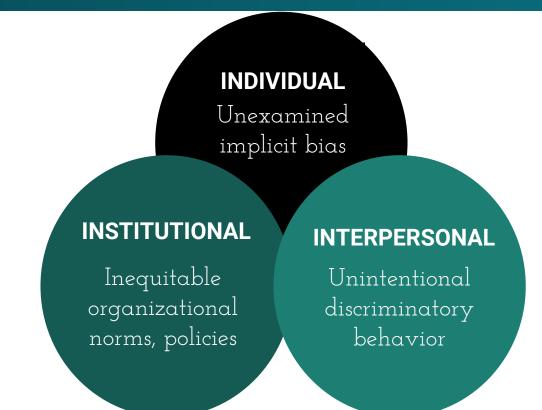


### **Breakout Rooms – 8 minutes**

Share 1 client or staff interaction that in your opinion felt outsized or an overreaction from your perspective.

What might you have been missing?

### **How Can This Show Up Here**



Map out how one bias plays or could play out at your organization. Start by agreeing as a group to which bias is your focus and then provide examples of how that appears at an individual, interpersonal, and institutional level.

## **Creating Individual vs Organizational Strategies to Address Implicit Biases**

Continue work in your groups to come up with potential solutions to address the bias your group selected

One list should have individual solutions and strategies

One list should have organizational solutions and strategies



## **Report Out**

If each group could please share (2 minutes) what implicit bias they selected and ways in which it could show up in your organization as well as the strategies (both individual and organizational) that you came up with to begin addressing it and reducing the potential for its harm in your work.

Take the time to think introspectively, act intentionally, and shift organizationally.



# Next Steps – Meetings and Office Hours

#### Upcoming Live Meetings

Thursdays (and on-demand after)

- > March 30th, 11 AM Pac
- > April 20th, 11 AM Pac
- > May 4th, 11 AM Pac
- May 18th, 11 AM Pac

> Upcoming All Welcome Office Hours

Wednesdays (and on-demand after)

- > April 12th, 9 AM Pac
- > April 26th, 9 AM Pac
- > May 10th, 9 AM Pac
- > May 24th, 9 AM Pac