

## DOG BEHAVIOR MODIFICATION PLANS

Jumpy/Mou	thy	
How will we	Back Clip	Using a back clip harness will prevent the leash from falling in the
reduce	Harness	dog's face.
stress and	Back tie to	Back tie the dog to the fence in the yards while working with the dog. If
prevent	fence while	they start jumping and mouthing, step out of their reach immediately.
practicing	training.	Once they calm down you can start training them again.
the behavior?	Calm Handling Only	No rough play. Slow petting and puppy massage.
	Chain Leash	Makes biting leash less enjoyable
	Double Leash	Use two leashes for better control if dog bites one, drop and use other leash
	Food Puzzles	Interactive feeders provide mental stimulation/expend energy
	Gentle Leader	Use a Gentle Leader while walking indoors and during training sessions. May be removed for BAT walks.
	Keep leash high on dog's neck behind their ears.	Keep the leash out of the dog's face and high on the neck to avoid the dog grabbing the leash.
	Kennel Placement	Changing location to avoid overstimulation/over-arousal
	Muzzle	Muzzle for all interactions and training sessions to prevent bites.
	Toys/treats during walks	Carry toy, treats offer dog the toy during leashing, walks
	Use EZ Walk Harness	Walk dog with EZ walk harness
How will we address the	Basic Obedience	Helps build self confidence
underlying cause of the	BAT Walks	Behavior Adjustment Training: Walking on a 15' long line outdoors. Allow the dog's nose to lead the way.
behavior?	Extra Exercise	releases energy
	Impulse Control Games	Practice impulse control games during any interaction with the dog.
	Playgroup	Expend energy, practices inhibition and self-control during excitement.
	Protocol for	Practice Protocol for Relaxation beginning in the Groom Room and then
	Relaxation	move training to other areas of the building and outdoors.
	Quiet	Practice in an area without triggers. Encourage/reward quiet behavior.
	time/Nothing Exercise	
	Reactivity Training	Reactivity training with dog's trigger.
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SessionsReal WorldOffsite field trips to parks or dog friendly stores to practice basic manners and socialization.Say Please!Teach the dog to sit for every interaction with humans. Pets, treats, feedings, toys, fetchetcScent TrainingAllow the dogs to practice their scent skills by setting up scent trials in and around the shelter.Treat TrailUse treats on the ground to lead the dog back to their kennel. Put a jackpot in their kennel to give the dog something to look forward to when they arive.What alternate andControlled Tug Use Impulse control exercises to indicate when dog should "take the alternate toy", "leave the toy", or "drop the toy".What alternate andControlled Tug Use Impulse control exercises to indicate when dog should "take the alternate tow', or "drop the toy".What alternate and behaviorsControlled Tug Use Impulse control exercises to indicate when dog should "take the alternate tow', or "drop the toy".Will we Leave ILeave it dog to touch nose to your hand. Gradually move hand so dog has to move to touch itWill we Leave ItLeave it dog chooses to look at you.Leave ItTeach dog to touch its "cue. They will turn towards the handler and away from objects when told to Leave it.Monners/LLW dog chooses a trigger (human, dog, cat), move away from the trigger if the dog sees a trigger (human, dog, cat) and does not react, say "Yes!" and give the dog for looking at you.Wat will we do if the problem objectSilp the handle end of the leash through the links in the fence and pull watch Me tripe. He addig do looking at you.Wat will w	I .	Sagaiona	
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		-	Stop or stand still, wait for dog to put slack in leash or pivot in opposite



	Straight Arm Hold	With a short leash, hold your arms straight out in front of you. This should prevent the dog being able to reach you with their mouth.
Goals	Dog walks calmly back to kennel	Dog is easily and calmly walked to the kennel from the yard.
	Greetings	Dog is able to greet new people without jumping or mouthing.
	Leash Manners	Dog walks with loose leash without pulling, tugging or grabbing leash.
	Self control	Dog is able to play/get excited without over arousal
	during	
Des Dessure	excitment	
Dog Resource How will we	-	Walk the deg on an Easy Walk Harness
reduce	Easy Walk Harness	Walk the dog on an Easy Walk Harness.
stress and	Kennel	Keep dog in quiet kennel to avoid over stimulation and over arousal.
prevent	Placement	
practicing	Threshold	Trade for toys and food bowl. Leave dog alone when eating or chewing
the	Distance	
behavior?		
How will we	Counter	Associate getting touched while eating or chewing with getting a high-
address the	Condition	value treat.
underlying cause of the	Touch Counter	According approaching dog while exting or chowing with getting high
behavior?	Conditioning	Associate approaching dog while eating or chewing with getting high- value treats.
bellavior.	Approach	
	Counter	Associate removing the dog's food bowl or chew with getting a high-
	Conditioning	value treat and having the item returned.
	Trade	
	Food Bowl	Follow the food bowl guarding exercise outlined in Mine! by Jean
	Guarding	Donaldson.
	Exercise - Jean Donaldson	
	Quiet Time	Practice lying in a relaxed position ("settle") in a quiet area to encourage
	2	and reward calm behavior.
What	Leave It	Teach the dog to remove his attention from something valuable by
alternate		showing a low-value treat and rewarding with a high-value one for
and desired		disengaging from it. Start with the low-value treat in a hand, then on
behaviors	1	the floor.
will we teach?	Say Please	Teach the dog to sit and wait to greet people, for attention, for toys, to go
ieacii?	Program Trade Game	through doors, and for anything else reinforcing. Practice self-control during play by playing with two toys, trading back
	Thue Galle	and forth. Require the dog to drop the first toy, sit, and look at you
		before rewarding by throwing the second toy.
What will	Resource	If the dog growls, freezes or shows teeth over an item, you are moving
we do if the	Guarding	too fast. Give the dog space to relax, then continue your session, being



problem		sure to use a greater threshold distance.
behavior		
occurs?		
Goal	1foot	Able to approach within 1ft of dog while eating or chewing without reaction.
	Call Away	Able to approach dog while eating or chewing, cue to sit, and take bowl without a reaction.
	Pet while eating/chewin	Able to approach and pet dog while eating or chewing without reaction.
	g	
	Trade	Able to approach dog while eating or chewing and trade for bowl/chew with high value treats.
Dog-Dog Rea	activity	
How will we reduce	Avoid Trigger While Walking	While out walking, avoid other dogs unless actively training. Always keep dog below threshold.
stress and prevent	EZ Walk Harness	Walk the dog on an Easy Walk Harness.
practicing	Gentle Leader	Use a gentle leader while walking for more control.
the	Kennel	Keep the dog in a quiet kennel where many people/other dogs do not
behavior?	Placement	walk by.
	Playgroups	Use playgroup to teach dog appropriate social behavior .
How will we	BAT Walks	Behavior Adjustment Training: Walking on a 15' long line outdoors.
address the		Allow the dog's nose to lead the way. Allow the dog to observe other
underlying	- 11	dogs from a safe distance as long as they are calm and non-reactive.
cause of the	Look at That!	Keeping the dog below threshold, allow the dog to look at the trigger
behavior?	(Counter	(other dog) mark with "Yes" for noticing the other dog and reward
	Conditioning)	immediately with a high value treat. Repeat process every time they see the trigger.
	Paired Walks	Get dog used to being around other dogs in a relaxed environment through group walks with calm dogs, slowly working towards getting closer.
	Protocol for	Train the dog to relax on a mat or towel following Karen Overall's
	Relaxation	Protocol for Relaxation. Start training in the groom room and slowly move the mat around the shelter to different locations.
	Quiet Time	Practice lying in a relaxed position ("settle") in a quiet area without
	(Real Life Room)	triggers present to encourage and reward calm behavior.
	Real World Training	Offsite fieldtrips to parks or dog friendly stores to practice basic manners, socialization, and P4R training.
	Scent Training	Allow the dogs to practice their scent skills by setting up scent trials in and around the shelter.
What	Behavior	Reward with distance when dog looks at trigger and offers calming
alternate	Adjustment	signals, without reacting.
and desired	Training	



behaviors will we teach?	Find It Hand Targeting	Drop a treat on the ground and tell the dog to "Find it!" Teach the dog to touch their nose to your outstretched hand. Gradually move the hand further away from the dog so he/she must move to touch it.
	Leash Manners	Reward with treats and forward motion if dog is walking near you on a loose leash. Reward for all automatic check-ins when the dog chooses to look to you.
	Looking at dogs calmly	Reward with high value treats each time they notice a dog and remain calm.
	Say Please/NILF Program	Teach the dog to sit and wait to greet people, for attention, for toys, to go through doors, and for anything else reinforcing.
	U-Turn	Practice emergency u-turns. Say "This way!" pivot in the opposite direction, using a treat to lure the dog around with you.
	Watch Me	Teach dog to look at you, giving the cue "watch me". Practice in many different situations, slowly adding distractions before practicing in the presence of a trigger.
What to do if the problem behavior	Jumping/ Mouthing (Redirection on handler)	If the dog jumps or mouths, stand still and turn attention away from the dog (look away or up at the ceiling) until dog settles down. Then ask for an easy behavior (such as sit or down) and reward. Straight arm hold and back tie if necessary.
occurs?	Pulling on Leash	If dog pulls on leash, either stop, stand still, and wait for dog to put slack on leash or pivot in opposite direction, calling the dog to you. Give a treat as dog comes by your knee.
	Reaction To Trigger	If dog reacts to trigger, move to a distance where the dog is able to refocus on you. Cue easy behaviors or do "find it" with treats until dog calms and is able to respond. Then continue your session, being sure to use a greater threshold distance.
Goal	10 Feet 15 feet	Able to be within 10ft of trigger without reacting.
	6 Feet	Able to be within 15ft of trigger without reacting. Able to be within 6ft of trigger without reacting.
	Greet and/or play with other dogs.	Able to greet and play with other dogs on or off leash.
	No dog reactivity	Be able to stand or walk near other dogs and not react.
Dog Shy/Fea	arful in Kennel	
How will we	Click to Calm	While walking through the kennels click and toss treat while standing
reduce stress and prevent	in the kennels Co-Housing	in front of the dog's cage. Can be done at every kennel in the shelter. House dog with a friendly dog to help shy dog gain confidence and demonstrate social behavior.
practicing the behavior?	DO NOT PET! EZ Walk Harness	Do not allow anyone new to pet this dog. Walk dog on EZ walk harness.



	Go Slow	Go slow and use calming signals when entering kennel and interacting with dog.
	Hiding Places	Give hiding place, such as a solid crate, where dog feels safe but can still see people.
	Kennel Placement	Keep dog in quiet kennel at first to avoid activity and stressors.
	Muzzle Training	Muzzle train dog for meeting new people in the future.
How will we address the underlying cause of the	BAT Walks Counter Condition to Entry	Walk dog on a 15' leash and allow the dog's nose to lead the way. Associate opening the door and entering the room with good things by entering and giving a treat multiple times throughout the day.
behavior?	Counter Condition to Others	When the dog looks at a person, mark the look with "Yes" and follow it up immediately with a treat. Every time the dog looks at a person, mark and reward.
	Counter Condition to Touch	Associate being touched with treats by slowly touching dog and then following with a treat. Start with light touches under chin, building towards petting the rest of the body.
	Counter Condition to You	Associate your presence and looking at you with treats by giving treats after you enter the room and each time the dog looks in your direction.
	Scent Games	Use scent games to build confidence by setting up scent trials around the shelter and outside.
	Treat Retreat	Toss treats behind the dog. The dog should turn away from the person to get the treats and then come back towards the person to ask for another treat. The dog makes the decision as to how close to the person they will get. Do not lure the dog towards new people!
What alternate	Basic Training Cues	Work to increase the dog's confidence by teaching basic obedience commands.
and desired behaviors will we	Hand Targeting	Teach the dog to touch their nose to your outstretched hand. Gradually move the hand further away from the dog so he/she must move to touch it.
teach?	Leash Manners	Reward with treats and forward motion if dog is walking near you on a loose leash. Reward for all automatic check-ins when the dog chooses to look to you.
	Looking at people calmly Observing	Reward the dog for simply noticing people. When the dog looks at people, mark and reward. Allow the dog time to observe humans from a distance. Keep the dog
	people from a distance	below threshold.
What will we do if the	Hiding	If dog hides and will not come out, leave some treats near the crate and sit quietly for a little while to show you will not do anything scary.
problem behavior	Reaction to Trigger	If dog growls or reacts to trigger, move to a distance where the dog feels safe. If dog is afraid of you, use calming signals to show that you will

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occurs?	Shut Down	listen and are not a threat. Play "find it" with treats until dog calms. If dog hides and will not come out, leave some treats near the crate and sit quietly for a little while to show you will not do anything scary.
Goal	1 Foot	Dog will eat treats within one foot of person.
	Friendly with	Able to approach a new person and accept petting without reacting or
	new people	moving away.
	From Hand	Dog will approach and eat treats from hand.
	Half Way	Dog will come half way towards person to take treats.
	No approach,	Dog will accept petting but does not approach people or solicit
	allows petting	attention.
	Solicits	Dog regularly solicits attention and accepts petting from known people.
	Attention	
	Take Treat	Able to approach a new person and take a treat from their hand.
	from Stranger	
Dog Human	Reactivity	
How will we	DO NOT PET!	Do not allow anyone to pet this dog while out walking or during
reduce		introductions.
stress and	Easy Walk	Walk the dog on an Easy Walk Harness
prevent	Harness	
practicing	Gentle Leader	Walk using a Gentle Leader. Be sure to counter condition the Gentle
the		Leader before use.
behavior?	Kennel	Keep dog in a quiet kennel where people are less likely to walk by.
	Placement	
	Muzzle	Use a muzzle when introducing new people in close quarters. Be sure to
		counter condition the Gentle Leader before using.
How will we	BAT Walks	Behavior Adjustment Training: Walking on a 15' long line outdoors.
address the		Allow the dog's nose to lead the way. Allow the dog to observe other
underlying		dogs from a safe distance as long as they are calm and non-reactive.
cause of the	Look at That!	Keeping the dog below threshold, allow the dog to notice a person. Mark
behavior?	(Counter	with "Yes!" and immediately reward the dog with a high value treat.
	Conditioning)	Repeat anytime the dog looks at the trigger and remains calm.
	Protocol for	Train the dog to relax on a mat or towel following Karen Overall's
	Relaxation	Protocol for Relaxation. Start training in the groom room and slowly
	- · _·	move the mat around the shelter to different locations.
	Quiet Time	Practice lying in a relaxed position ("settle") in a quiet area without
	(Real Life	triggers present to encourage and reward calm behavior.
	Room)	
	Real World	Offsite field trips to parks and dog friendly stores to practice basic
	Training	manners, socialization, and P4R training.
	Scent Training	Allow the dogs to practice their scent skills by setting up scent trials in and around the shelter.
	Treat and	Allow humans to toss treats into the dog's reach. Do not allow them to
	Retreat	give the treat directly to the dog's mouth, do not allow the dog access to the human.



What alternate and desired	Behavior Adjustment Training	Reward with distance when dog looks at trigger and offers calming signals, without reacting.
behaviors will we teach?	Hand Targeting	Teach the dog to touch their nose to your outstretched hand. Gradually move the hand further away from the dog so he/she must move to touch it.
	Leash Manners	Reward with treats and forward motion if dog is walking near you on a loose leash. Reward for all automatic check-ins when the dog chooses to look to you.
	Looking at people calmly	Reward with high value treats each time they notice a person and remain calm.
	Say Please/NILIF Program	Teach the dog to sit and wait to greet people, for attention, for toys, to go through doors, and for anything else reinforcing.
	U-Turn	Practice emergency u-turns. Say "This way!" pivot in the opposite direction, using a treat to lure the dog around with you.
	Watch Me	Teach dog to look at you, giving the cue "watch me". Practice in many different situations, slowly adding distractions before practicing in the presence of a trigger.
What to do it the problem	Jumping/Mout hing (Redirection on	If the dog jumps or mouths, stand still and turn attention away from the dog (look away or up at the ceiling) until dog settles down. Then ask for an easy behavior (such as sit or down) and reward. Straight arm hold
behavior occurs?	handler) Pulling on	and back tie if necessary. If dog pulls on leash, either stop, stand still, and wait for dog to put slack
	Leash	on leash or pivot in opposite direction, calling the dog to you. Give a treat as dog comes by your knee.
	Reaction To Trigger	If dog reacts to trigger, move to a distance where the dog is able to refocus on you. Cue easy behaviors or do "find it" with treats until dog calms and is able to respond. Then continue your session, being sure to use a greater threshold distance.
Goal	1 Foot	Dog will eat treats within one foot of a person.
	Friendly with new people	Able to approach a new person and accept petting without reacting or moving away.
	From Hand	Dog will approach and eat treats from hand.
	Halfway	Dog will come halfway towards a person to take treats.
	No approach,	Dog will accept petting but does not approach people or solicit
	allows petting	attention.
	Solicits Attention	Dog regularly solicits attention and accepts petting from known people.
	Takes treat from stranger	Able to approach a new person and take a treat from their hand.
Dog Separat		
Protocol for	Has own	This dog has their own blanket in the Groom Room in a bag with their
Relaxation	blanket.	name. This blanket is used for all relaxation training and must go home



I		when adopted.
	Protocol for	Protocol for Relaxation using their own blanket.
	Relaxation	
Crate	Crate	Crate training in groom room. Anxiety training sheet located on google
Training	Desensitization	drive:
	In Groom Room	
Dog Body Ha	andling/Coopera	tive Care
How will we	Avoid	Avoid handling more than absolutely necessary.
reduce	Handling	
stress and	Muzzle for	Use muzzle for any unavoidable body handling.
prevent	handling	
practicing		
the		
behavior?		
How will we	Chin Rest	Train chin rest on rolled towel for cooperative handling.
address the	Counter	1 touch = 1 treat
underlying	Condition	
cause of the	Touch	
behavior?	Hand Targeting	Teach "Touch" hand targeting.
	Muzzle	Train to be comfortable wearing a muzzle in any situation.
	Training	
Dog Mock Ir	n-Home Training	
How will we	Back Tie	Use a chain leash or metal back-tie attached to the leg of the tub and
manage		the dog's collar.
poor	Bite Gloves	For very mouthy dogs, use bite gloves during training to prevent bites
behavior		and scratches.
during this	Drag Leash	Have the dog drag their leash while they walk around freely in the
training?		room.
	Muzzle	For dogs that snatch things or are mouthy, use a muzzle during
		training. Muzzle must be counter conditioned ahead of time.
What	Automatic	Teach the dog "Leave it" with all things that are placed on the tables.
behaviors	Leave It	Practice setting down a low value treat and reward them with higher
will we		value treats for leaving the one on the table alone. They should never be
train?		allowed to eat treats off of the tables.
	Bite Inhibition	Pet the dog calmly and allow the dog to mouth your hand and arms. As
		soon as you feel teeth on your skin, stop petting the dog and walk away.
		You may need to use a back-tie or bite gloves for very mouthy dogs.
		Reward the dog for licking instead of mouthing.
	Crate Training	Train the dog to go in and out of the crate on cue. Practice leaving the
		dog in the crate for longer and longer durations. Practice leaving the
		room while the dog is in the crate.
	Do Nothing	Practice sitting in the room and ignoring the dog. The dog may have a
	Training	chew toy, food puzzle, or some other thing to occupy them. They should



		be ignored and now allowed on the furniture. This should be done for a minimum of 15 minutes at a time.
What will	Climbing on	Turn your body away from the dog and use your arms and elbows to
we do when	human's lap	prevent access to your lap. If necessary, stand up and walk away then
poor	while sitting	sit back down again. Repeat until the dog stops trying to climb up.
behaviors	down.	Back-tie the dog if necessary to prevent this.
occur?	Hard Mouthing	Use the leash to prevent access to your skin. Leave the room if
		necessary. Back-tie, use bite gloves, or muzzle train for future training
		sessions.