

CAT BEHAVIOR MODIFICATION PLANS

Cat Shelter Anxiety		
Increase environmental confidence	proved a kennel cover	add a kennel cover to prevent some visual stimulation
	provide a hidey-hole	add a space-taker to the kennel or room to provide a place for the cat to safely hide in
	remove from kennel	determined cat has kennel anxiety and/or aggression so will need to be removed from a cage environment
Human accessibility	excessive soft eyes/slow blinks	exaggerate soft eyes and slow blinks to ensure cat knows you are attempting proper cat language upon interaction
	lower wall boxes	Lower down the wall boxes and shelves so that the cat is unable to use them above human hand height. This will allow people to reach the cat for greetings and pets.
	use proper hand greeting	offer your hand and soft eyes each time you approach cat to allow cat to decide if they want touches
Positive association	treat + pet	offer a treat and hand pet to assimilate the two experiences into one positive one
	wand touching	use the end of a wand toy with a soft top to reach in the kennel to gently and softly stroke the cat's head, under chin and cheeks to learn positive association with human
Cat Fearful/hiding Plan		
How will we reduce stress and prevent practicing the behavior? (multiple choice)	Co-housing	House cat with other friendly cat(s) who will help shy cat to gain confidence and demonstrate social behavior.
	Exposure	Give reduced hiding places, such as beds with sides, to expose cat more to environment while still making them feel safe.
	Go Slow	Go slow and use calming signals when entering and interacting with cat.
	Hiding Places	Give hiding places where cat can still see people.
	Room Placement	Keep cat in quiet room with minimum of activity outside the door.
How will we address the underlying cause of the behavior? (multiple choice)"	Counter	Associate opening the door and entering the room with good things by entering and giving a treat multiple times throughout the day.
	Condition to Entry	Associate your presence and looking at you with treats by giving treats after you enter the room and each time the cat looks in your direction.
	Counter	Associate being touched with treats by slowly touching cat and then following with a treat. Start with light head touches, building towards petting the rest of the body.
	Condition to Touch	Reduce stress and anxiety through structured, active play sessions followed by treats.
	Play Therapy	Place a treat in front of hidey from a distance. When cat is
	Treat Retreat	

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		comfortable eating treats at that distance, place the treats further from the hidey and closer to ourselves until cat is comfortable leaving hidey and eating nearer to us and eventually from our hands.
What alternate and desired behaviors will we teach? (single choice)	Hand Targeting None	Teach the cat to touch their head to your outstretched hand. Gradually move the hand further away from the cat so he/she must move to touch it. Reward with treats or petting if the cat enjoys it. We will work to reduce the cat's fear before trying to teach anything new.
What will we do if the problem behavior occurs? (multiple choice)	Hiding Hissing or Growling	If cat hides and will not come out, leave some treats near the hidey and sit quietly for a little while to show you will not do anything scary. If cat hisses/growls, give cat some space and use calming signals until cat relaxes to show that you will listen and are not a threat.
Goal (single choice)	1 foot From Hand Half Out In hidy, allows petting Solicits Attention	Cat will leave hidey to eat treats within one foot of person. Cat will approach and eat treats from hand. Cat will come half way out of hidey to take treats. Cat will accept petting while in hidey. No hissing or growling. Cat regularly solicits attention and accepts petting from known people.
Cat Reactivity Plan		
Target Training	Use for mental stimulation to avoid boredom and increase human directive communication	Begin with Clicker training, ideally using the KlikStick. Offer a treat every time you click to associate the sound with direction. Move into target training once cat has identified the positive association.
Location choice	Identify the best cats to cohabituate with	Move cat into an open room with roommates that complement their personality and temperament.
Preventative work	Watch for overstimulation	If noticing overstimulation signs with members of the public, provide some down time immediately for the cat to prevent a bite occurrence.